



## Alnmouth Community Rowing - *application form*

I would like to join Alnmouth Community Rowing as:

<b>Payment due 1<sup>st</sup> January annually.</b>	<b>£35</b>	<b>£30</b>	<b>£17</b>
Adult (£35 pa) or (£30 if £5 visitor fee previously paid) or £17 if joining after 1 <sup>st</sup> September			
Social (£20 pa)			
Junior (£12.50 pa)			

### 1. Member details

Name	
Telephone	
Mobile	
Email address	

### 2. In Case of Emergency contact details (e.g. family member, partner)

Contact name	
Contact telephone / mobile	

### **Declaration**

Each member of age 18 or over upon joining or renewing the Association shall sign the following declaration:\*

1. I and/or my children/charges (if appropriate) confirm that I/ we do not suffer from any disability or medical condition which may render me/ them unfit for strenuous exercise.\* \*
2. I understand that rowing is undertaken at my own risk. As the parent/guardian of a junior member (if appropriate) I undertake to take responsibility for my child/charge. Alnmouth Community Rowing operates to high safety standards, but cannot eliminate all risks associated with the handling and operation of small boats on inland waters or the sea.
3. I and/or my children/charges (if appropriate), when afloat, will abide by all Association Rules and Regulations regarding the wearing of personal buoyancy and the use of safety equipment and will obey the instructions of the cox at all times.
4. I and/or my children/charges (if appropriate) will wear a wet suit of 4/5 mm and wet boots during the winter rowing season (1<sup>st</sup> October – 30<sup>th</sup> April).

- 5. I and/or my children/charges (if appropriate) will adhere to all operational rules and briefings (a rowing risk assessment can be found on the ACR website).
- 6. I and/or my children/charges (if appropriate) accept the conditions of membership described in the association's constitution (available on the ACR website).

Signed (18 or over).....

OR

Signed Parent/Guardian (member under 18) .....

\* For members under the age of 18 the parent/ guardian must sign. ACR welcomes members' children, under the age of 18, to try coastal rowing but not as members of the Association. Anyone under the age of 18 wishing to row can only do so when accompanied by their parents or guardian and in accordance with all the rules that apply to ACR members.

\* \*Should a medical condition exist, this will not necessarily preclude you from membership/participation, but it must be declared. Should you be in any doubt, advice should be sought from your family doctor

<p>I have read the Alnmouth Community Rowing Policy for the Safeguarding of Children and Vulnerable Adults, displayed within the boathouse. (To conform to best practice in Child Protection a separate signature is required)</p> <p>Signed.....</p> <p>Date.....</p>
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Contact Mike Ewen, ACR Treasurer for payment options [ajewen@btinternet.com](mailto:ajewen@btinternet.com)

**Welcome to Alnmouth Community Rowing!**